

“Walk the Line” Instructions

Set Up:

Using duct tape or masking tape, tape a line about 6 feet long on the floor.

Take turns giving the directions below.

See how many you can follow correctly!

Concepts to Target:

Around

Over

On

Off

Across

Next to

Verbs to Target:

Walk

Run

Jump

Stand

Touch

Sit

One Step Directions:

Stand on the line.

Run on the line.

Get off the line!

Stand next to the line.

Jump over the line.

Run around the line without touching it.

Stand on one foot on the line.

Jump onto the line.

Walk on the line.

Touch the line with your hand.

Two Step Directions:

Clap and then jump onto the line.

Walk across the line and jump off.

Sit on the line and touch it with your hand.

Stand on one foot on the line and jump twice.

Run around the line and touch your knee.

Jump and stand next to the line.

Dance on the line and jump off.

Say your name and the color of the tape.

Jump over the line then jump on the line.

Walk around the line then jump over it.